



**Laois County Cross Country Championships Day 1**  
**25th September 2016 Venue: Graigue, Mountmellick**  
**Hosted by: Rosenallis Kilcavan AC**

**U8 GIRLS 400m**

		TEAM SCORES										
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE		
											1	2
1	Cara English	St. Abbans										
2	Ciara Milton	St. Abbans										
3	Fragha Jones	St. Abbans										
4	Laura McEvoy	Ballyfin										
5	Róisín Brennan	Ballyfin										
6	Orla McEvoy	Rosenallis Kilcavan										
7	Isabel Stafford	Mountmellick										
8	Katelyn Eogan	Emo/Rath										
9	Lily Conroy	Mountmellick										
10	Emily Forrest	Mountmellick										

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Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				POINTS	PLACE
				1	2	3	4		
1	Callum Buggy	St. Abbans							
2	Eoghan Lawlor	Rosenallis Kilcavan							
3	Eoin O' Loughlin	Ballyfin							
4	Luke Dunne	Oughaval							
5	Paudy Peake	Rosenallis Kilcavan							
6	James McGrath	St. Abbans							
7	Riley Connolly	St. Michaels							
8	Izack Kenny	Portlaoise							
9	Raife Eogan	Emo/Rath							
10	Caoimh�n� O'Shaughnessy	Oughaval							

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**U10 GIRLS 800m**

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES					POINTS	PLACE
				1	2	3	4	WINNING CLUBS		
1	Rachel Ayres	St. Abbans	3001	1					14	1st
2	Jessica Murray	St. Abbans	3003		2			Rosenallis Kilcavan "A"		
3	Jayne Hyland	Rosenallis Kilcavan	3703							
4	Katie McGrath	St. Abbans	3006			3				
5	Ella Dunne	Oughaval	3508							
6	Niamh Peak	Rosenallis Kilcavan	3712							
7	Caoimhe Brennan	St. Abbans	3007				4		34	2nd
8	Heidi Hackett	St. Michaels	3811					Rosenallis Kilcavan "B"		
9	Sophie Cullinan	Ballyfin	3129							
10	Aoibhinn Brennan	St. Abbans	3004							
11	Torrie Lee	Mountmellick	3413							
12	Aoibhinn McEvoy	Rosenallis Kilcavan	3701						82	3rd
13	Aela Davis	Rosenallis Kilcavan	3704					Rosenallis Kilcavan "B"		
14	Isobel Brennan	Ballyroan Abbeyleix	3905							
15	Sarah Mangan	Rosenallis Kilcavan	3700						Sarah Mangan 15	
16	Kirsten Murphy	St. Michaels	3813					Sioda Davis 18		
17	Nancy Quigley	Ballyfin	3104					Hanna Conroy 24		
18	Sioda Davis	Rosenallis Kilcavan	3705					Ava Jewell 25		
19	Ellie Boland	Mountmellick	3417							
20	Abbie Brennan	St. Abbans	3005							
21	Ella Hannon Moss	Mountmellick	3424							
22	Moya Keating	Ballyfin	3133							
23	Caoimhe Brennan	St. Abbans	3002							
24	Hanna Conroy	Rosenallis Kilcavan	3702							
25	Ava Jewell	Rosenallis Kilcavan	3706							



**U10 BOYS 800m**

			TEAM SCORES									
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE		
1	Aron Lawlor	Rosenallis Kilcavan	3709					<u>St. Abbans</u>	18	1st		
2	Timmy Byrne	St. Abbans	3010				Timmy Byrne 2					
3	Fionn Cuddy	Portlaoise	3301				Fionn O'Sullivan 4					
4	Fionn O'Sullivan	St. Abbans	3011				Niall Kealy 5					
5	Niall Kealy	St. Abbans	3015				Cameron Delaney 7					
6	Daithi Peake	Rosenallis Kilcavan	3727				<u>Rosenallis Kilcavan</u>	37	2nd			
7	Cameron Delaney	St. Abbans	3012				Aron Lawlor 1					
8	Cillian Whearty	Oughaval	3506				Daithi Peake 6					
9	Eoghan Lambe	Portlaoise	3300				Luke Molly 11					
10	Jack Murrell	Portlaoise	3315				Jack Hyland 19	47	3rd			
11	Luke Molloy	Rosenallis Kilcavan	3711				<u>Portlaoise</u>					
12	Ryan Lee	Mountmellick	3414				Fionn Cuddy 3					
13	Hugh Connolly	St. Michaels	3804				Eoghan Lambe 9					
14	Conor Lawlor	Mountmellick	3425				Jack Murrell 10	Harrison Marshall 25				
15	Conor McCaul	Oughaval	3509									
16	Scott Delaney	St. Abbans	3013									
17	Jack Doyle	St. Abbans	3014									
18	John Cooney	St. Michaels	3805									
19	Jack Hyland	Rosenallis Kilcavan	3710									
20	Eoghan Lalor	Rosenallis Kilcavan	3707									
21	Denis Browne	Oughaval	3505									
22	Hally Browne	Oughaval	3504									
23	Fionn O'Neill	Ballyroan Abbeyleix	3901									
24	Rody McEvoy	Ballyroan Abbeyleix	3900									

**U10 BOYS 800m CONTINUED**

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				POINTS	PLACE
				1	2	3	4		
25	Harrison Marshall	Portlaoise	3312						
26	Daniel Murrell	Portlaoise	3304						
27	Evan Styles	Mountmellick	3421						

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**U12 GIRLS 1400m**

TEAM SCORES										
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Faye McEvoy	Ballyroan Abbeyleix	3912					<b>St. Abbans</b> Audrey Byrne 4 Aoibh McDonald 9 Holly Brennan 10 Katie Baldwin 12	35	1st
2	Poppy Hackett	St. Michaels	3801							
3	Amy Hyland	Rosenallis Kilcavan	3713							
4	Audrey Byrne	St. Abbans	3017					<b>Mountmellick</b> Chelsea Lee 6 Tijhani Onalimi 8 Sarah Coyle 11 Holly Jago 14	39	2nd
5	Kate Connolly	St. Michaels	3800							
6	Chelsea Lee	Mountmellick	3412							
7	Lucy Conroy	Rosenallis Kilcavan	3714							
8	Tijhani Onalimi	Mountmellick	3418							
9	Aoibh McDonald	St. Abbans	3020							
10	Holly Brennan	St. Abbans	3019							
11	Sarah Coyle	Mountmellick	3408							
12	Katie Baldwin	St. Abbans	3021							
13	Niamh Bland	Ballyfin	3106							
14	Holly Jago	Mountmellick	3411							
15	Emily Hughes	Rosenallis Kilcavan	3715							
16	Sally Horgan	Ballyfin	3132							
17	Lauren Rowan	St. Abbans	3022							
18	Aoife Cuddy	Portlaoise	3302							
19	Rebecca Marshall	Portlaoise	3311							
20	Abigail Culleton	Ballyfin	3105							
21	Sarah Murrell	Portlaoise	3314							
22	Rihanna Adeyanju	Mountmellick	3416							
23	Holly Byrne	St. Abbans	3018							



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**U12 BOYS 1400m**

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				POINTS	PLACE
				1	2	3	4		
		WINNING CLUBS							
1	Jack Fenlon	St. Abbans	3025						
2	Eoin Cawley	St. Abbans	3028						
3	Adam Buggy	St. Abbans	3026					10	1st
4	Lee Murray	St. Abbans	3029						
5	Andy Murphy	St. Michaels	3808						
6	Rory Lalor	Rosenallis Kilcavan	3718						
7	Niall Lalor	Rosenallis Kilcavan	3719						
8	Evan English	St. Abbans	3031					34	2nd
9	Séan Corcoran	Ballyfin	3107						
10	Cathal McEvoy	Rosenallis Kilcavan	3717						
11	Peter Doyle	Rosenallis Kilcavan	3721						
12	Sam O'Loughlin	Ballyfin	3108						
13	Jack Milton	St. Abbans	3032						
14	Barry McEvoy	Rosenallis Kilcavan	3716					54	3rd
15	Niall Conroy	Rosenallis Kilcavan	3722						
16	Séan O'Sullivan	St. Abbans	3030						
17	Ryan Harrington	St. Abbans	3027						
18	Séan Grogan	Ballyroan Abbeyleix	3909						
19	Conor Whelan	Rosenallis Kilcavan	3720						
20	Luke Carroll	Ballyfin	3109						
21	Eoghan Keane	Ballyfin	3110						

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### U14 GIRLS 2000m

TEAM SCORES										
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Niamh McDonald	Ballyroan Abbeyleix	3916					<b>Rosenallis Kilcavan</b> Grainne Lalor 4 Orla Whelan 5 Amy McKane 7 Ellen Conroy 8	24	1st
2	Seoigha English	St. Abbans	3034							
3	Ita Conroy	Mountmellick	3409							
4	Grainne Lalor	Rosenallis Kilcavan	3723					<b>Ballyfin</b> Kate Corcoran 11 Megan Adams 12 Caitriona Phelan 13 Róisín Bland 15	51	2nd
5	Orla Whelan	Rosenallis Kilcavan	3724							
6	Siofra Marum	Portlaoise	3309							
7	Amy McKane	Rosenallis Kilcavan	3725							
8	Ellen Conroy	Rosenallis Kilcavan	3726					<b>St. Abbans</b> Seoigha English 2 Eadaoin Cawley 14 Eadaoin Coady 17 Emma Dermody 21	54	3rd
9	Sinead McEvoy	Ballyroan Abbeyleix	3917							
10	Jade Carroll	Ballyroan Abbeyleix	3918							
11	Kate Corcoran	Ballyfin	3118							
12	Megan Adams	Ballyfin	3119							
13	Caitriona Phelan	Ballyfin	3112							
14	Eadaoin Cawley	St. Abbans	3035							
15	Róisín Bland	Ballyfin	3114							
16	Munirat Shobowale	Mountmellick	3406							
17	Eadaoin Coady	St. Abbans	3036							
18	Eva Cullinan	Ballyfin	3130							
19	Amber Culleton	Ballyfin	3111							
20	Kora Davis	Ballyfin	3113							
21	Emma Dermody	St. Abbans	3037							
22	Ebony Onalimi	Mountmellick	3405							













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U18 GIRLS 4000m								TEAM SCORES			
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE	
1	Maebh Maher	St. Abbans	3050								
2	Aisling Whooley	St. Michael's	3803								
3	Amy Walsh	Portlaoise	3306								
4	Lucy Deegan	St. Abbans	3051								



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## U18 BOYS 5000m

Pos.	ATHLETES NAME	CLUB	NO'S	TEAM SCORES				POINTS	PLACE
				1	2	3	4		
1	Cian Kelly	St. Abbans	3057					22	1st
2	Cian McDonald	Ballyroan Abbeyleix	3929						
3	Adam Holden	Mountmellick	3400						
4	Fionn Marum	Portlaoise	3307					31	2nd
5	Declan Roberts	St. Abbans	3056						
6	Cillian Mulhall	St. Abbans	3058						
7	Séan Sheridan	Oughaval	3501					31	2nd
8	Colin Grennan	Mountmellick	3404						
9	Niall Bracken	Mountmellick	3402						
10	Liam Stock	St. Abbans	3055						
11	Carl Deans	Mountmellick	3403						
12	Daniel Ayodeji	Mountmellick	3407						

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**NOVICE LADIES 3K**

NOVICE LADIES 3K											
TEAM SCORES											
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE	
1	Joanne Carroll	Portlaoise	3223					<b>St. Abbans "A"</b> Sinéad Kelly 2 Mary Ellen Doyle 3 Margo Dowling 4 Caitriona McDonald 5	14	1st	
2	Sinéad Kelly	St. Abbans	3216								
3	Mary Ellen Doyle	St. Abbans	3215								
4	Margo Dowling	St. Abbans	3209								
5	Caitriona McDonald	St. Abbans	3200								
6	Josceleyne Ayres	St. Abbans	3206					<b>Portlaoise</b> Joanne Carroll 1 Patricia Cuddy 7 Anna Duggan 10 Caitriona Marshall 14	32	2nd	
7	Patricia Cuddy	Portlaoise	3310								
8	Marie Murray	St. Abbans	3212								
9	Sharon Buggy	St. Abbans	3202								
10	Anna Duggan	Portlaoise	3322								
11	Deidre Brennan	St. Abbans	3211					<b>St. Abbans "B"</b> Josceleyne Ayres 6 Marie Murray 8 Sharon Buggy 9 Deidre Brennan 11	34	3rd	
12	Antoinette Mills	Ballyroan Abbeyleix	3940								
13	Karen Connolly	Oughaval	3510								
14	Caitriona Marshall	Portlaoise	3301								
15	Colette Brennan	St. Abbans	3214								
16	Sarah Conroy	Portlaoise	3321								
17	Martina Gardiner	Portlaoise	3316								
18	Aoife O'Malley	Portlaoise	3324								
19	Suzanne Miley	Portlaoise	3320								



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**NOVICE MENS 6K**

TEAM SCORES										
Pos.	ATHLETES NAME	CLUB	NO'S	1	2	3	4	WINNING CLUBS	POINTS	PLACE
1	Colm Fitzgerald	Portlaoise	3317					<b>St. Abbans</b> Colin Coyne 2 Séan Geoghan 3 James Nolan 6 Liam Byrne 9	20	1st
2	Colin Coyne	St. Abbans	3091							
3	Séan Geoghan	St. Abbans	3097							
4	Patrick Marshall	Portlaoise	3313					<b>Ballyfin</b> Liam Buggy 8 Andrew Kehoe 12 Francis Keating 13 Paul Dunne 17	50	2nd
5	Trevor McCormack	Portlaoise	3318							
6	James Nolan	St. Abbans	3096							
7	Noel Burke	Ballyroan Abbeyleix	3934					<b>Ballyroan</b> Noel Burke 7 Paul Burke 10 Shaun Maher 16 Jim O'Shea 18	51	3rd
8	Liam Buggy	Ballyfin	3123							
9	Liam Byrne	St. Abbans	3093							
10	Paul Burke	Ballyroan Abbeyleix	3933					<b>Ballyroan</b> Noel Burke 7 Paul Burke 10 Shaun Maher 16 Jim O'Shea 18	51	3rd
11	Niall English	St. Abbans	3092							
12	Andrew Kehoe	Ballyfin	3122							
13	Francis Keating	Ballyfin	3121					<b>Ballyroan</b> Noel Burke 7 Paul Burke 10 Shaun Maher 16 Jim O'Shea 18	51	3rd
14	Francis Flemming	St. Abbans	3090							
15	Aran Murphy	St. Abbans	3095							
16	Shaun Maher	Ballyroan Abbeyleix	3935					<b>Ballyroan</b> Noel Burke 7 Paul Burke 10 Shaun Maher 16 Jim O'Shea 18	51	3rd
17	Paul Dunne	Ballyfin	3124							
18	Jim O'Shea	Ballyroan Abbeyleix	3936							